10518319 mg

away from a midline of a subject's body to perform adduction and/or abduction stretches of the subject's leg respectively.

According to a sixth aspect of the present invention there is provided a stretching apparatus for use in performing medial or lateral rotation stretching of a human subject's thigh lateral rotator or medial rotator muscles respectively, comprising:

at least one cradle configured to support a leg, or part thereof, in a position such that the thigh of the support leg is substantially orthogonal to the subject's upper body, said cradle rotatable about an axis of rotation so as to move a portion of said supported leg in a direction across or away from a midline of the subject's body to perform lateral rotation or medial rotation stretches respectively; and

at least one cradle movement means operable to rotate said cradle about said axis of rotation.

Please delete the following language on page 14, paragraph 3, of the Specification:

Abduction and adduction are movements about a sagittal axis. Abduction is movement away from a mid-sagittal plane in a lateral direction away from a midline of a subject's body which extends generally through the human torso and defining an approximate anatomical line of symmetry between the left and right hand sides of the body. Leg movements during abduction and adduction are therefore away from and across this midline respectively.

Please insert the following language beginning on pages 35 and continuing to page 37, paragraphs 2 and 3, entitled "Stretch 3 – Medial and Lateral Rotation" and "Stretch 4 – Adduction and Abduction" of the Specification, as follows:

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